

“Awareness & Display of Diabetic Diet”

25th November, 2023

The Department of Biochemistry & Nutrition, Bhavan’s Vivekananda College in association with the Medical & Health Committee has organized an event on “**Awareness and Display of Diabetic Diet**”, under Suposhan activity. The students have planned 1600 kilocalories., diabetic diet, calculated and displayed for the visitors. Various charts were displayed which explained the mechanism of glucose absorption, complications and preventive measures of diabetes along with dietary modifications. Diet explanation was done in the local languages like Telugu, Tamil, and Hindi along with English to facilitate the visitors who cannot follow English. Huge response was observed from students, teaching and non-teaching faculty of the college. A total number of 79 participants have attended the awareness program and availed the facility.



Students preparing the diabetic diet for display



Interaction of Principal and Head, Dept of Biochemistry & Nutrition with the students



Principal Sir interacting with the students



Students explaining the diabetic diet to the non-teaching faculty



Diabetic diet modification explanation to the employees



Student Volunteers with Principal, IQAC Coordinator and Faculty